Programme Objectives

The Diploma in Rehabilitation Medicine is designed specifically for doctors who intend to work within the field of Rehabilitation Medicine but not as specialists. The aim of the programme is to enable the trainee to acquire the following:

- Skills and knowledge in the evaluation and management of patients in Rehabilitation Medicine
- Management of common medical complications that occur in rehabilitation patients
- Effective communication skills and professionalism in rehabilitation care
- Awareness and knowledge of the social support system in the local context

Programme Director

Adjunct A/Prof Tjan Soon Yin
Senior Consultant and Head of Department,
TTSH Rehabilitation Centre,
Tan Tock Seng Hospital

Fee structure

*Registration fee $500 (non-refundable one-time payment)
*Course fee $7,250 per year
*Examination fee $250 per year

*Prevailing rate of Goods and Services Tax (GST) is not inclusive in the fees and is collected on top of the above fees. All fees are non-refundable upon commencement of training.

Contact details

Contact person: Ms Lilian Ho
Designation: Executive, Education and Training
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Website: http://www.ams.edu.sg

Application procedures

Candidates are required to fill up the following items:

- Application form available at:
  http://ams.edu.sg/education-training/staff-registrar-scheme-diploma
- Obtain endorsement from their Head of Department and their Human Resource Department.
- Attach the supporting documents (certified as true copies) as indicated in the application form and mail to:
  Academy of Medicine, Singapore
  Education & Training Department
  81 Kim Keat Road
  #11-00 & #12-00, NKF Centre
  Singapore 328836

HOW TO APPLY?

HOW TO APPLY?

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**Admission Criteria**

This programme is open to all medically-trained doctors who possess Temporary registration (Service), Conditional registration or Full registration with the Singapore Medical Council (SMC). However, applicants must also satisfy the following criteria for admission into this programme:

- Either Qualified locally trained doctors with 3 years experience as a medical officer including 1 year of clinical experience in rehabilitation medicine; or
- Doctors from Non-traditional sources who have worked at least 1 year with the sponsoring public hospitals in Singapore with at least 1 year experience in Rehabilitation Medicine.
- Possess a local sponsoring department, unit or institution along with a letter of recommendation from the Head of Department.

**Programme Duration**

This is a 2 years structured Diploma programme. 20 months will be spent in the parent rehabilitation unit where the physician is employed. 3 months would be spent in General Medicine rotation and 1 month will be spent in another Rehabilitation Medicine unit.

**Training Curriculum**

Trainees will be guided by specialists in Rehabilitation Medicine who will ensure that all topics specified in the syllabus are covered. They need to achieve knowledge in the core topics in the first year and elective topics in the second year. Trainees also need to list the necessary basic clinical, procedural and professional skills into their logbook and must demonstrate expertise in these areas.

**Yearly Commencement date:**
May and November

**Yearly Application period:**
February and August

**Syllabus**

1. Common Emergencies for the Rehabilitation Physician
2. Functional Independence Measure and Other Commonly Used Functional Scales in Rehabilitation Medicine
3. Stroke / Neurorehabilitation
4. Traumatic Brain Injury Rehabilitation
5. Pressure Ulcer Prevention and Management
6. Amputee Rehabilitation
7. Joint Replacements
8. Spinal Cord Injury Rehabilitation
9. Neurogenic Bladder & Bowel
10. Spasticity Management
11. Musculoskeletal Examination of the Upper and Lower Limb
12. Pain Management in the Rehabilitation Setting
13. Orthotics / Walking Aids / Wheelchairs
14. Therapeutic Exercise
15. Physical Agents and Modalities
16. Immobility & Deconditioning
17. Leading multidisciplinary meetings and leadership in a multidisciplinary team
18. Social support system in Singapore
19. Visits to day rehab centre / nursing home / shelter home / food and limb centre / community hospital

**Assessment Criteria**

A formal half yearly review of the trainee’s progress by the supervisor is required. The aim of such a review is to ensure that the trainee is exposed to and is taught all aspects of the specialty available in the department.

2 case write-ups have to be completed each year. There will be an exam at the end of Year 1. An exit exam will be held at the end of Year 2.