CORE ORTHOPAEDIC SURGERY ACTIVITIES / PROGRAMMES

- **Category 1A: Participation at local pre-approved activities**
  1. AH (JGH) Teaching Programme - didactic topic based teaching, teaching grand round, journal club, morbidity and mortality presentations and teaching audit rounds
  2. CGH Orthopaedics Journal reading/ in-house CME
  3. KKH – NUH Combined Paediatric Orthopaedic Teaching
  4. KKWCH Orthopaedics Teaching/ Fracture Rounds
  5. NUH General Orthopaedics Teaching Session
  6. Review Courses
  7. SGH Orthopaedics Teaching Round/ Journal Club
  8. TTSH Orthopaedic Surgery –Teaching session/ Trauma round

- **Category 1B: Participation at local ad-hoc activities**
  1. Advanced Arthroscopy Course
  2. Arbeitsgemeinshaft fur Osteosynthesefragen (Association for Internal Fixation of Fractures) courses held locally
  3. Basic Arthroscopy Course
  4. Basic microsurgical Course (SGH/TTSH)
  5. NUH Microsurgical course
  6. Orthopaedic Biomechanics Course
  7. Postgraduate Orthopaedic Course (NUS)
  8. Primary Total Hip Arthroplasty Course
  9. Primary Total Knee Arthroplasty Course
  10. Revision Total Hip Arthroplasty Course
  11. Revision Total Knee Arthroplasty Course
  12. SOA Annual Scientific Meeting
  13. SOA weekly meetings

- **Category 1C: Participation at overseas ad-hoc activities**
  1. American Academy of Orthopaedic Surgeons Meeting
  2. American Orthopaedic Society for Sports Medicine Meeting
  3. Annual ASEAN Orthopaedic Association Meeting
  4. Annual Meeting of North America Spine Society
  5. Annual Meeting of Pediatric Orthopaedic Society of North America
  6. Annual Meeting of Scoliosis Research Society
  7. Arbeitsgemeinshaft fur Osteosynthesefragen (Association for Internal Fixation of Fractures) courses held overseas
  8. Asia Pacific Association of Orthopaedic Surgeons Meeting
  9. British Orthopaedic Association Meeting
  10. British Trauma Society Annual Clinical Meeting
  11. International Meeting of ASAMI
  13. OTA Annual Meeting
  14. Societe Internationale de Chirurgie Orthopedique et de Traumatologie (SICOT) Meeting

- **Category 2 / 3A: Authorship / Review / Self-study of original articles published in refereed journals / audio-visual tapes**
  1. Arthroscopy
  2. Clinical Orthopaedics and Related Research
  3. Current Orthopaedics
  4. Injury
  5. Journal of Arthroplasty
  6. Journal of Hand Surgery (American and British Volumes)
7. Journal of Orthopaedic Research
8. Journal of Orthopaedic Trauma
9. Journal of Paediatric Orthopaedics
10. Spine
13. The Orthopaedic Clinics of North America

- **Category 3B: Distance-learning programmes with verifiable self-assessment**
  1. Orthopaedics Hyperguide