CORE SPORTS MEDICINE ACTIVITIES / PROGRAMMES

- **Category 1A: Participation at local pre-approved activities**
  1. Sports Medicine Training Programme (weekly Tuesday morning sessions helmed by CGH Sports Medicine)

- **Category 1B: Participation at local ad-hoc activities**
  1. Annual Sports Medicine Association (Singapore) seminars
  2. IOC Sports Medicine Course

- **Category 1C: Participation at overseas ad-hoc activities**
  1. American College of Sports Medicine Annual Meeting
  2. FIMS World Congress of Sports Medicine (FIMS – International Federation of Sports Medicine)
  3. IOC Sports Medicine Course

- **Category 2 / 3A: Authorship / Review / Self-study of original articles published in refereed journals / audio-visual tapes**
  1. American Journal of Sports Medicine
  2. British Journal of Sports Medicine
  3. Exercise and Sports Science Reviews
  5. Sports Medicine Journal