

## COLLEGE OF OBSTETRICIANS AND GYNAECOLOGISTS, SINGAPORE

The Charity was set up on 17 August 2004 as a College. It was registered under the Charities Act on 18 August 2004 (Unique Entity Number (UEN): 200410332N). Its registered address is at 81 Kim Keat Road, NKF Centre, #11-00, Singapore 328836. Its internal auditor is Fiducia LLP.

The objectives of the Charity are as follows: The Chapter of Obstetricians and Gynaecologists (O&G), started by a pioneering group of nine O & G specialists in 1969, had as its main objectives of encouraging postgraduate training, education and research.

In the years that followed, continuing medical education and professional development played important aspects of the Chapter's activities, in close collaboration with its sister societies and organisations. Close regional and international links were also made with renowned Visiting Fellows or Academicians invited from overseas to speak and participate in academic activities.

The College continues to involve itself in training, continuing medical education and examination activities. This also includes producing consensus guidelines and distance learning programmes for the purpose of achieving best practices. An important milestone was the signing of the MOU on 3 September 2005 for the conjoint MRCOG/MMed examination between the RCOG and the College of O&G, Singapore. The first conjoint MRCOG/MMed examination was held on 8 May 2006.



The College is well poised to address the challenges ahead including keeping the high standards of practice and ensuring that every practitioner maintains competence in his practice.

### PRESIDENT'S MESSAGE

2016 was another busy and academically active year for the College of O & G, Singapore. The annual 16th Regional MRCOG Part II Examination Course, co-organised by the College, the Singapore Representative Committee (RCOG) and the Division of Graduate Medical Studies, NUS was held from 14 to 17 January 2016 at KK Women's and Children's Hospital. It was a great honour for the College to host Dr Mike Cohn and Dr Alasdair Gordon. This annual course has become an important event to most of the trainees preparing for MRCOG Part 3 Examination in the region. The College would like to thank Prof Ho Tew Hong for his untiring efforts to make this annual examination course a success.

The 12th International Society of Ultrasound in Obstetrics & Gynaecology (ISUOG) Outreach Course was held at the Academia, Singapore General Hospital from 8 to 10 April 2016. Many internationally renowned experts in O & G ultrasound and fetal medicine shared their expertise with participants. For the first time, a basic ultrasound training course was also incorporated into the congress. The College would like to thank Professor George SH Yeo, the organising chairman for his enthusiasm and hard work to make ISUOG a success.

The College also held its 13th Annual College Lecture and Dinner on 7 May 2016 with Associate Professor Chong Yap Seng as our invited Guest Speaker. The 3rd annual CTG course was held on 17 September 2016 with Dr Edwin Chandraharam as our course conductor. The course was well attended and the College would like to thank the efforts of the organising chairman, Dr Devendra Kanagalingam.



DR ARIJIT BISWAS

The number of specialists in our distinguished fraternity is growing consistently; having a total of 233 fellows of which 9 are overseas fellows in 2016. We encourage all O & G specialists to join us and contribute and influence the standards of specialist practice, training and education, and professional development in Singapore.

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## THE 2016-2017 COUNCIL

<b>Dr Arijit Biswas</b> President <i>Director (from 1 March 1998)</i>	<b>Dr Yong Tze Tein</b> President-Elect <i>Director (from 3 November 2003)</i>	<b>Dr Jasmine Mohd</b> Vice-President <i>Director (from 16 September 2010)</i>
<b>Dr Mahesh Choolani</b> Honorary Secretary <i>Director (from 1 September 1997)</i>	<b>Dr Khoo Chong Kiat</b> Honorary Treasurer <i>Director (from 24 July 2009)</i>	<b>Dr George Yeo Seow Heong</b> Council Member <i>Director (from 17 March 1986)</i>
<b>Dr Mary Rauff</b> Council Member <i>Director (from 1 January 1988)</i>	<b>Dr Jason Lim</b> Council Member <i>Director (from 11 May 2016)</i>	<b>Dr Shakina Rauff</b> Council Member <i>Director (from 11 May 2016)</i>
<b>Dr Ho Tew Hong</b> Co-Opted Member <i>Director (from 1 February 1984)</i>	<b>Dr Yong Eu Leong</b> Co-Opted Member <i>Director (from 1 January 2010)</i>	<b>Dr Timothy Lim Yong Kuei</b> Chairman, Section of Gynaecological Oncology <i>Director (from 6 July 2009)</i>
<b>Dr Lai Fon-Min</b> Chairman, Section of Maternal Fetal Medicine <i>Director (from 4 April 1997)</i>	<b>Dr Stephen Chew</b> Chairman, Section of Reproductive Medicine <i>Director (from 1 September 1997)</i>	<b>Dr Roy Ng</b> Chairman, Section of Urogynaecology <i>Director (from 1 September 1993)</i>
<b>Dr Beh Suan Tiong</b> Chairman, Section of Gynaecology Endoscopy <i>Director (from 1 February 1998)</i>		



*Standing (from left):*

*Dr Jason Lim (Council Member), Dr Beh Suan Tiong (Chairman, Section of Gynaecology Endoscopy), Dr Lai Fon-Min (Chairman, Section of Maternal Fetal Medicine), Dr Mahesh Choolani (Honorary Secretary), Dr Timothy Lim (Chairman, Section of Gynaecological Oncology)*

*Seated (from left):*

*Dr Khoo Chong Kiat (Honorary Treasurer), Dr Ho Tew Hong (Co-Opted Member), Dr Yong Tze Tein (President-Elect), Dr Arijit Biswas (President), Dr Jasmine Mohd (Vice-President), Dr George Yeo Seow Heong (Council Member)*

*Not in photo:*

*Dr Roy Ng (Chairman, Section of Urogynaecology), Dr Yong Eu Leong (Co-Opted Member), Dr Shakina Rauff (Council Member), Dr Mary Rauff (Council Member), Dr Stephen Chew (Chairman, Section of Reproductive Medicine)*

## ANNUAL GENERAL MEETING

The College's Annual General Meeting was held on 11 May 2016 at the National University Health Systems Tower Block.

## MEMBERSHIP

The total number of members in the College stood at 234 as at 31 December 2016. There were 223 Local Fellows, 10 Overseas Fellows and one Honorary Fellow.

## ACTIVITIES

### 16TH REGIONAL MRCOG PART II EXAMINATION COURSE

The 16th MRCOG Part II Examination Course was held at KK Women's & Children's Hospital on 14 to 17 January 2016. It was co-organised by the College, the Singapore Representative Committee (RCOG) and the Division of Graduate Medical Studies, National University of Singapore.

The course had a total of 50 participants from various countries such as Singapore, Malaysia, Hong Kong, Myanmar and Jordan. The candidates went through a rigorous mock exam course which included attempting the extended matching questions, short answer questions and the Objective Structured Clinical Examination (OSCE) circuit. The examiners from UK, Drs Michael Cohn and Alasdair Gordon also gave the participants useful insights on handling the actual RCOG examination.

A total of 48 local trainers helped out with the essay marking, skills station session and the OSCE circuits during the course. The College thanks Professor Ho Tew Hong for his hard work towards the success of this important annual examination course.

### 12TH INTERNATIONAL SOCIETY OF ULTRASOUND IN OBSTETRICS & GYNAECOLOGY (ISUOG) OUTREACH COURSE IN CONJUNCTION WITH THE 7TH COLLEGE OF OBSTETRICIANS & GYNAECOLOGISTS, SINGAPORE SCIENTIFIC CONGRESS

The 12th ISUOG Outreach Course and 7th COGS Scientific Congress 2016 was held on 8 to 10 April 2016 at the Academia, Singapore General Hospital. An estimated 268 participants were involved in ISUOG.

A two-day Obstetric Ultrasound Course comprising lectures and hands-on ultrasound was conducted. This course is compulsory for delegates who want to enrol into the College's Obstetric Ultrasound Training Programme. Delegates who complete the Obstetric Ultrasound training syllabus, submission of logbooks and exams will obtain a certificate for obstetric ultra sonography.

A Fetoscopy workshop had introduced delegates to the latest development in Fetoscopy, especially in the treatment of twin-to-twin transfusion syndrome. Management of interesting and controversial monochorionic twins was also covered.

Several internationally renowned experts on ultrasound had been invited to give their expert views on issues commonly encountered in daily clinical practice. The congress owed its smooth success to all 287 delegates from the different countries. All had enriched the scientific discourse at these very well-attended sessions, led by an immensely impressive line-up of international speakers. The event was also possible thanks to the contributions of industry partners who understand, share and support the College's vision for excellence in ultrasound education in this region.

### 13TH COLLEGE LECTURE AND DINNER

The College held its Annual Lecture and Dinner at Riverfront Ballroom, the Grand Copthorne Waterfront Hotel. There were a total of 200 guests in attendance.

A/Prof Chong Yap Seng, a clinician-investigator with special interest in fetal growth and early development was the invited Guest Speaker. Also the Executive Director of the Singapore Institute for Clinical Sciences, Agency for Science, Technology and Research (A\*STAR) and an Associate Professor in the Department of Obstetrics & Gynaecology, Yong Loo Lin School of Medicine, National University of Singapore, he had delivered the 13th College of Obstetrician & Gynaecologist, Singapore Lecture entitled 'Good Public Health Begins with Informed Obstetric Care'.



### ZIKA TALK

Together with the Obstetrical & Gynaecological Society of Singapore (OGSS), the College held a combined urgent talk on Zika at the KK Women's and Children's Hospital as a CME evening talk on 7 September 2016.

An infection briefing for all obstetricians and gynaecologists was conducted. Topics touched on included 'An Overview of the Latest MOH Guidelines' by Dr Celene Hui, 'An Introduction to the Zika Virus' by Dr Thoon Koh Cheng and 'The SingHealth Clinical Management Protocol' by Drs George SH Yeo and Yong Tze Tein.

### VISITING ACADEMICIAN LECTURE

Date	17 September
Visiting Academician	Dr Edwin Chandraharan <i>Lead Clinician – Labour Ward &amp; Lead for Clinical Governance (O &amp; G)</i> <i>Clinician Director for Women's Services</i> <i>St George's University Hospitals</i> <i>Foundation Trust</i>
Lecture Title	Inaugural Electronic Fetal Monitoring (CTG) Course Rational Foetal Heart Rate Monitoring

The College had held its 3rd CTG Course, chaired by Dr Devendra Kanagalingam, at the Academia, Singapore General Hospital on 17 September 2016. The popular one-day course was well received with 95 participants in attendance which was targeted at midwives, obstetricians and clinical negligence lawyers who are involved in interpreting CTG traces.



The course covered the pathophysiology of CTG, NICE guidance, acid-base balance, the technology behind CTG and ST-Analyser (STAN) together with an overview of clinical cases and medico-legal learning points.

CTG training is recommended to ensure that clinical standards are upheld and that staff are up-to-date with technological advances. It is necessary to train all Obstetrics and Gynaecologist staff appropriately and use the device more often in order to gain experience and expertise.

### **FUTURE PLANS AND COMMITMENTS**

The College plans to expand its membership through continuous engagement with Fellows through its CME events. The College also plans to develop a national guideline endorsed by the Ministry of Health for local OBGYN practice.