About Us

Physicians in Singapore are Medical Specialists in field of Adult Internal Medicine which is distinct from surgery, radiology, anesthesiology, obstetrics and gynecology and pediatric medicine.

Physicians have completed about 5-6 years of postgraduate training in the field of Internal Medicine and have obtained postgraduate degrees and certification such as M Med (Int Med), MRCP (UK), and FAMS. Physicians often choose to specialize in one of the following 15 specialties of Internal Medicine, namely: Cardiology, Dermatology, Endocrinology, Gastroenterology, Geriatric Medicine, Haematology, Infectious Diseases, General Internal Medicine, Medical Oncology, Neurology, Rehabilitation Medicine, Renal Medicine, Respiratory Medicine, Rheumatology and Immunology, and Palliative Medicine.

The College vision is to be the recognised leader in training, education, advocacy and enhancement of professional satisfaction for internal medicine and its sub-specialties and to promote and maintain the highest professional and ethical standards in internal medicine and its sub-specialties.

Foreword by President

The College had a wonderful and busy 2013. We had a successful 5th Medicine Review Course (MRC) held at KTPH on 14 to 15 September 2013, attracting 212 participants and gathering strong supports from various pharmaceutical companies. The College has, since 2009, been holding the MRC annually as its major education event. I would like to thank Dr David Lye, Chairman of the Organizing Committee and his team for successfully organising another exciting programme. The Organizing Committee 2014 have already started the planning for 2014 MRC, and I promise this would be another inspiring MRC for our fellows, physicians, doctors, medical students and allied health care workers.

The 2nd AMM-AMS-HKAM Tripartitie Congress & 47th Singapore-Malaysia Congress of Medicine was held in 23-24 Aug 2013 at Grand Copthorne Waterfront Hotel, Singapore. The College’s 23rd Seah Cheng Siang Memorial was delivered by Dr Lim Su Chi and the 10th College of Physicians Lecture by Dr Neil Dewhurst, President of the Royal College of Physicians of Edinburgh. The College continues its major contributions to the Congress including the 6th Chapter of Neurologists Lecture which was delivered during the Congress.

Our membership continues to grow in 2013, attracting 54 new fellows into the College. Currently we have 761 members in the College of Physicians. Growing membership in the College is important in representing our specialists in professional issues. Under the College, we have 10 SRS programs. Many of the SRS trainees have exited the programs and are now associate members of the Academy. Furthermore, with the advent of senior residency, the various Chapters will be involved in the ITE exams for their respective specialties. Thus, the College and the Chapters will be heavily involved in post-graduate training and examinations.
THE 2013-2014 Council

1st row (Seated from Left to Right):

Dr Sum Chee Fang (Council Member), Dr David Lye Chien Boon (Honorary Treasurer & Chairman, Chapter of Infectious Disease Physicians), Dr Chan Choong Meng (Vice-President), Dr Tay Jam Chin (President), Dr Ng Wei Keong Alan (Immediate Past President), Dr Lee Lai Heng (Council Member), Dr Lim Ai Chi Peter (Chairman, Chapter of Rehabilitation Physicians)

2nd row (Standing from Left to Right):

Dr Ashish Anil Sule (Chairman, Chapter of General Physicians), Dr Kon Yin Chian Winston (Chairman, Chapter of Endocrinologists), Dr Pang Weng Sun (Chairman, Chapter of Geriatricians), Dr Wong Sung Lung Aaron (Chairman, Chapter of Cardiologists), Dr Tee Kim Huat Augustine (Chairman, Chapter of Respiratory Physicians), Dr Chan Yee Cheun (Chairman, Chapter of Neurologists)

Not in photo:

Dr Yim Heng Boon (Honorary Secretary), Dr Toh Han Chong (Council Member), Dr Leow Yung Hian (Chairman, Chapter of Dermatologists), Dr Ooi Choon Jin (Chairman, Chapter of Gastroenterologists), Dr Ng Heng Joo (Chairman, Chapter of Haematologists), Dr Lim Soon Thye (Chairman, Chapter of Medical Oncologists), Dr Wu Huei Yaw (Chairman, Chapter of Palliative Medicine Physicians), Dr Kee Yi Shern Terence (Chairman, Chapter or Renal Physicians), Dr Leong Keng Hong (Chairman, Chapter of Rheumatologists)
9th Annual General Meeting

The 9th Annual General Meeting of the College of Physicians, Singapore was held on 31 May 2013, Friday at 6.00pm at the Lee Kong Chian Boardroom, Academy of Medicine, Level 12 NKF Centre, 81 Kim Keat Road, Singapore 328836.

It was attended by 27 members fulfilling the requirement of the presence of not less than 20 voting members at the commencement of business of a general meeting to form a quorum, according to Article 68 of the Articles of Association of the College.

The Council

After the 9th Annual General Meeting on 31 May 2013, an elected councilors’ meeting was held to elect the office-bearers. The office-bearers for the 2013-2014 Council are:

President               Dr Tay Jam Chin
Vice-President        Dr Chan Choong Meng
Honorary Secretary    Dr Yim Heng Boon
Honorary Treasurer    Dr David Lye Chien Boon
Council Members        Dr Sum Chee Fang
                        Dr Lee Lai Heng
                        Dr Toh Han Chong
Ex-Officio             Dr Alan Ng Wei Keong (AMS Council Representative)

Chapter Chairs

The Chapter Chairs of the respective Chapters of the College for 2013-2014 are:

Chapter of Cardiologists        Dr Wong Sung Lung Aaron
Chapter of Dermatologists       Dr Leow Yung Hian
Chapter of Endocrinologists    Dr Kong Yin Chian Winston
Chapter of Gastroenterologists  Dr Ooi Choon Jin
Chapter of General Physicians   Dr Ashish Anil Sule
Chapter of Geriatricians        Dr Pang Weng Sun
Chapter of Haematologists       Dr Ng Heng Joo
Chapter of Infectious Disease Physicians Dr Lye Chien Boon David
Chapter of Medical Oncologists  Dr Lim Soon Thye
Chapter of Neurologists         Dr Chan Yee Cheun
Chapter of Palliative Medicine Physicians Dr Wu Huei Yaw
Chapter of Rehabilitation Physicians Dr Lim Ai Chi Peter
Chapter of Renal Physicians     Dr Kee Yi Shern Terence
Chapter of Respiratory Physicians Dr Tee Kim Huat Augustine
Chapter of Rheumatologists      Dr Leong Keng Hong
Council Meetings

The Council met once every two months to conduct the business and affairs of the College. At the time of writing the Annual Report, the 2013-2014 Council had met six times.

Number of Meetings

<table>
<thead>
<tr>
<th>Date</th>
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<tbody>
<tr>
<td>1st Council Meeting</td>
<td>9 July 2013, Tuesday</td>
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<tr>
<td>2nd Council Meeting</td>
<td>10 September 2013, Tuesday</td>
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<tr>
<td>3rd Council Meeting</td>
<td>12 November 2013, Tuesday</td>
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<tr>
<td>4th Council Meeting</td>
<td>14 January 2014, Tuesday</td>
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<tr>
<td>5th Council Meeting</td>
<td>11 March 2014, Tuesday</td>
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<tr>
<td>6th Council Meeting</td>
<td>15 April 2014, Tuesday</td>
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Membership

As of 31 December 2013, the College had a total of 761 members comprising 758 Fellows and 3 Associate Members.

The total membership of 761 comprises:

Cardiologists: 119
Dermatologists: 85
Endocrinologists: 58
Gastroenterologists: 68
General Physicians: 65 (3 Associate Members)*
Geriatricians: 45*
Haematologists: 23
Infectious Disease Physicians: 19*
Medical Oncologists: 57
Neurologists: 56
Palliative Medicine Physicians: 27*
Rehabilitation Physicians: 20
Renal Physicians: 45
Respiratory Physicians: 61
Rheumatologists: 34

* denotes dual membership
The College welcomed a total of 52 new Fellows and 3 Associate Members from 15 different specialties in 2013.

The Chapters with the largest number of new members for 2013 were Chapter of General Physicians (5 Fellows & 3 Associate Members), Chapter of Dermatologists (7 Fellows) and Chapter of Medical Oncologists (7 Fellows).

Programmes/Events

7th Chapter of Renal Physicians Lecture

The 7th Chapter of Renal Physicians Lecture was delivered by Associate Professor Chan Choon Meng. The title of the lecture was “The Old and New Challenges”. The lecture was held on 3 August 2013 at Grand Copthorne Waterfront Hotel.

2nd AMM-AMS-HKAM Tripartite Congress & 47th Singapore-Malaysia Congress of Medicine 2013 in Conjunction with 10th Annual Scientific Meeting of the College of Physicians, Singapore (CPS)

The College & its Chapters participated in the 2nd AMM-AMS-HKAM Tripartite Congress & 47th Singapore-Malaysia Congress of Medicine 2013 in Conjunction with 10th Annual Scientific Meeting of the College of Physicians, Singapore on 24 August 2013 at Grand Copthorne Waterfront Hotel. Highlights includes Tripartite Track, New Frontiers in Early Breast Cancer chaired by Dr Khoo Kei-Siong, Elderly Care and Geriatric Medicine symposium chaired by Dr Pang Weng Sun. CPS Sessions were Immunisation -Shots / Vaccines are Not Just for Kids chaired by Dr David Lye and Management of the Patient with Diabetes and Multiple Co-morbidities chaired by Dr Sum Chee Fang.
The 10th College of Physicians Lecture was delivered by Dr Neil Dewhurst. The title of the lecture was “The Challenges of Reinventing Medical Generalism in the 21st Century”. The lecture was held during the 2nd AMM-AMS-HKAM Tripartite Congress & 47th Singapore-Malaysia Congress of Medicine 2013 on 24 August 2013 at Grand Copthorne Waterfront Hotel.

The 23rd Seah Cheng Siang Memorial Lecture was delivered by Associate Professor Lim Su Chi. The title of the lecture was “Journey with Diabetes: Lessons from Outliers”. The lecture was held during the 2nd AMM-AMS-HKAM Tripartite Congress & 47th Singapore-Malaysia Congress of Medicine 2013 on 24 August 2013 at Grand Copthorne Waterfront Hotel.

The 6th Chapter of Neurologists Lecture was delivered by Professor Tan Chong Tin. The title of the lecture was “An update on henipavirus infection and sarcosystosis, an emerging brain and muscle infection”. The lecture was held during the 2nd AMM-AMS-HKAM Tripartite Congress & 47th Singapore-Malaysia Congress of Medicine 2013 on 24 August 2013.
College of Physicians, Singapore: Conferment Ceremony

The College Conferment Ceremony was held after the 23rd Seah Cheng Siang Memorial Lecture on 24 August 2013 during the 2nd AMM-AMS-HKAM Tripartite Congress & 47th Singapore-Malaysia Congress of Medicine 2013 in full academic regalia. Six Overseas College Presidents attending the Congress and have yet to be conferred Fellowship of the College has been conferred at the Ceremony.

Dr Neil Dewhurst - President, Royal College of Physicians of Edinburgh
Dr Priscilla Caguioa - President, Philippine College of Physicians
Dr John Crowe - President, Royal College of Physicians of Ireland
Dr Kriang Tungsanga - President, The Royal College of Physicians of Thailand
Dr Richard Thompson - President, Royal College of Physicians
Dr Francis Dunn - President, Royal College of Physicians and Surgeons of Glasgow

Medicine Review Course (MRC) 2013

The two-day programme was held on 14 - 15 September 2013 at the Khoo Teck Puat Hospital Tower B Auditorium was attended by 212 registered delegates. The Organising Committee which was chaired by Dr David Lye planned a programme comprising 39 lectures which involved the participation of 15 Chapters. The MRC served as a good update and topical review for specialists, trainees and students.

Continuing Medical Education (CME)

<table>
<thead>
<tr>
<th>Chapter of Cardiologists</th>
<th>27 July 2013</th>
<th>Seminar on Antibiotics for Endocarditis: Does Antibiotic Prophylaxis prevent Endocarditis?</th>
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</thead>
<tbody>
<tr>
<td>Chapter of Dermatologists</td>
<td>16 May 2013</td>
<td>Advances in Targeted Therapies in Psoriasis</td>
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<td></td>
<td>30 September 2013</td>
<td>Clinical Spectrum of Congenital Nevi/Signature Nevi</td>
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<td>10 October 2013</td>
<td>Combines DSS-Chapter of Dermatologists Clinicopathological Conference (CPC)</td>
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<tr>
<td>Chapter of Gastroenterologists</td>
<td>6 - 7 April 2013</td>
<td>1st Singapore Clinical Nutrition Meeting</td>
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<td>23 - 24 August 2013</td>
<td>Total Nutrition Therapy</td>
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### Chapter of Geriatricians

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>8 - 9 November 2013</td>
<td>Society for Geriatric Medicine, Singapore: Biennial Scientific Conference</td>
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<tr>
<td>27 - 28 September 2013</td>
<td>Singapore Health and Biomedical Congress</td>
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### Chapter of Haematologists

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>26 June 2013</td>
<td>Updates on management of autoimmune thrombocytopenia - where are we now?</td>
</tr>
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<td>21 September 2013</td>
<td>Laboratory Haemostasis Symposium</td>
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<tr>
<td>23 - 24 November 2013</td>
<td>International Symposium on Transplantation in the New Millennium - Bone Marrow &amp; Liver</td>
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<td>25 November 2013</td>
<td>Clinical Flow Cytometry Seminar</td>
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### Chapter of Infectious Disease Physicians

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<th>Date</th>
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<tr>
<td>15 June 2013</td>
<td>3rd Dengue Conference in Conjunction with Asean Dengue Day</td>
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<tr>
<td>27 July 2013</td>
<td>Seminar on Antibiotics for Endocarditis: Does Antibiotic Prophylaxis prevent Endocarditis?</td>
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<tr>
<td>26 - 27 October 2013</td>
<td>Malaysia-Singapore Infectious Disease Meeting</td>
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<tr>
<td>28 October 2013</td>
<td>Lessons from Sars and Mers-Cov: How to prepare for the unexpected Emerging Infection?</td>
</tr>
<tr>
<td>31 October 2013</td>
<td>Dinner Symposium on Pneumococcal Serotypes and Vaccination</td>
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### Chapter of Medical Oncologists

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>1 August 2013</td>
<td>Updates in Management of Advanced Soft Tissue Sarcoma: Meet the Expert Forum</td>
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### Chapter of Neurologists

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>5-6 April 2013</td>
<td>3rd Singapore International Neurocognitive Symposium</td>
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<tr>
<td>24 April 2013</td>
<td>CNS Debates</td>
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### Chapter of Respiratory Physicians

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>30 October 2013</td>
<td>Caring for the COPD patient: Primary vs Specialist care</td>
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### Chapter of Rheumatologists

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>9 April 2013</td>
<td>Case Discussions on Systemic Sclerosis</td>
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<tr>
<td>31 August 2013</td>
<td>A Paradigm Shift to the Treatment of Rheumatoid Arthritis</td>
</tr>
<tr>
<td>7 September 2013</td>
<td>Rheumatoid Arthritis – The ABCs of Referral</td>
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### Professional Affairs

The College furnished professional opinions on the following topics upon request by the Ministry of Health (MOH):

a. Administering colonic irrigation / hydrotherapy and Coffee enema service
b. Bio-identical Hormone Therapy
c. Diabetes Mellitus CPG
d. HBV screening - STRC recommendations
e. Seeking Further Clarification for Circulating Tumour Cells
f. Alleged Breach of Medical Registration Act (Beauty Salon)
g. Alteplase Clinical Guidance on Use of intravenous recombinant tissue plasminogen activator (rtPA) in ischaemic stroke patients
h. Carbon-14 Urea Breath Tests
i. Consultation on Hair Transplant
j. Coronary Artery Disease Risk Assessment (CADRA) System
Independent Medical Expert (IME) Opinions

The College assisted the Academy of Medicine, Singapore in providing expert opinions for thirteen Coroner’s cases from Singapore Police Force for investigation.

Internal Medicine In-Training Examination (IM-ITE)

The College provided Proctors to invigilate in the IM-ITE which was held on 5 and 12 October 2013.

5 October 2013:

7.15am to 12.25pm
a. Dr Tay Jam Chin (Chief Proctor)
b. Dr Koh Nien Yue
c. Dr Phua Ghee Chee
d. Dr Jason Choo

1.25pm to 7.00pm
e. Dr Teo Eng Kiong (Chief Proctor)
f. Dr David Lye
g. Dr Ranjana Acharya
h. Dr Sum Chee Fang

12 October 2013:

7.15am to 12.25pm
a. Dr Alan Ng (Chief Proctor)
b. Dr Reshma Merchant
c. Dr Pankaj Handa
d. Dr Mark Chan

1.25pm to 7.00pm
e. Dr Wong Kok Seng (Chief Proctor)
f. Dr Manjari Lahiri
g. Dr Suresh Sahadevan
h. Dr Sonny Wang Yee Tang

Staff Registrar Scheme (SRS)

The Staff Registrar Scheme (SRS) was implemented in 2007 by the Ministry of Health, Singapore and the Academy of Medicine, Singapore (AMS) to cater to the needs of our public sector healthcare institutions to employ doctors who are not qualified as specialists but who are able to provide a middle level of service equivalent to that provided by a Registrar/ Fellow. The SRS will be targeted mainly for doctors with temporary/conditional registration with the Singapore Medical Council (SMC). Such doctors may participate in an SRS training/supervised programme and be awarded a Diploma from AMS upon successful
completion of the programme and passing an exit examination to be administered by the appropriate College/Chapter.

To date, the following SRS Programme and their enrolment is as follows:

Diploma in Geriatric Medicine in Hospital and ILTC (Intermediate and Long-Term Care) (28 Doctors since 2007)
Diploma in Internal Medicine (with focus on Hospital Medicine) (26 Doctors since 2007)
Diploma in Cardiology (8 Doctors since 2007)
Diploma in Palliative Medicine (7 Doctors since 2007)
Diploma in Rehabilitation Medicine (6 Doctors since 2007)
Diploma in Infectious Diseases (5 Doctors since 2007)
Diploma in Neurology (5 Doctors since 2007)
Diploma in Medical Oncology in Hospital (4 Doctors since 2007)
Diploma in Clinical Haematology (Adult)
Diploma in Respiratory Medicine (Clinical and Public Health - TB)

Since 2007, 89 Doctors have enrolled in the SRS and 33 enrolled in 2013. 10 Doctors completed their SRS in 2013.

Subscription of Online Journals

The following online journals were subscribed to and can be accessed through the College website:

a. Clinics in Chest Medicine
b. Diabetes Care
c. Harrison’s Online
d. Journal of Clinical Endocrinology and Metabolism
e. Current Opinion in Rheumatology

Finance of the College

The main sources of income for the College in 2013 were:

- Professional Fees, SRS & IME: 41.90%
- Income from Events, organised by College & Chapters: 24.40%
- Sponsorship & Cash donations: 16.70%
- Operating & Educational Grant: 15.00%
Company Secretary & Auditors of the College

Rodyk & Davidson LLP was engaged as the Company Secretary to provide corporate secretarial services to the College.

Geetha A & Associates was re-appointed as the auditors for the accounts of the College.

Donations

The following donations were received from members in 2013:

a. Dr Tay Yong Kwang donated his proceeds as author and editor of the Textbook of Laser and Light Dermatology in the Asian Skin - $955.00
b. Dr Roy Chan - $535.00
c. Dr Tan Suat Hoon - $535.00
d. Dr Martin Chio - $535

e. Dr Priya Sen - $535

Appreciation

The College wishes to record its appreciation to all our Fellows for their support and efforts rendered in the past year and to the College’s Executives for their secretariat support.

31 December 2013
Dr Yim Heng Boon
Honorary Secretary
on behalf of the 2013 - 2014 Council